



# Palo Alto Unified School District Elementary Menu

May 2017

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** rBST hormone free low-fat or fat-free milk is included with all meals. A meal includes an entrée, fruit and vegetable selection and milk. All bread products are whole grain and all featured menu items contain zero trans fat.

Monday 5-1	Tuesday 5-2	Wednesday 5-3	Thursday 5-4	Friday 5-5
Chicken Nuggets  Black Bean Veggie Burger <b>V</b>  American Sub Sandwich	Teriyaki Beef Dippers over Brown Rice  Chicken Corn Dog  Garden Salad with Artisan Roll	Chicken Drumstick with Mashed Potatoes, Roll  Vegetable Egg Rolls with Fried Rice <b>V</b>  Tuna Fish Sandwich	<u>BP/BRI/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> <b>V</b> All Natural Uncured Turkey Hot Dog	All Natural Uncured Turkey Hot Dog Mini Twin Cheeseburgers Protein Pack w/Egg <b>V</b>
Monday 5-8	Tuesday 5-9	Wednesday 5-10	Thursday 5-11	Friday 5-12
100% All Beef Hamburger  Grilled Cheese <b>V</b>  Roasted Turkey & Cheese Sandwich	Orange Chicken over Brown Rice  Chicken Corn Dog  Tortellini Salad	All Natural Grilled Bean & Cheese Burrito  Macaroni with Marinara Sauce  Chicken Caesar Salad	<u>BP/BRI/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> <b>V</b> Bosco Sticks (2)  <b>NY Pizza:</b> <b>Cheese</b> <b>Pepperoni</b> <b>Hawaiian</b>	Bosco Sticks (2) Yogurt Parfait Beef Taco Salad
Monday 5-15	Tuesday 5-16	Wednesday 5-17	Thursday 5-18	Friday 5-19
Chicken Nuggets  Black Bean Veggie Burger <b>V</b>  American Sub Sandwich	Teriyaki Beef Dippers over Brown Rice  Chicken Corn Dog  Garden Salad with Artisan Roll	Chicken Drumstick with Mashed Potatoes, Roll  Vegetable Egg Rolls with Fried Rice <b>V</b>  Tuna Fish Sandwich	<u>BP/BRI/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> <b>V</b> All Natural Uncured Turkey Hot Dog	All Natural Uncured Turkey Hot Dog Mini Twin Cheeseburgers Protein Pack w/Egg <b>V</b>
Monday 5-22	Tuesday 5-23	Wednesday 5-24	Thursday 5-25	Friday 5-26
100% All Beef Hamburger  Grilled Cheese <b>V</b>  Roasted Ham & Cheese Sandwich	Orange Chicken over Brown Rice  Chicken Corn Dog  Caesar Salad	All Natural Grilled Bean & Cheese Burrito  Macaroni with Marinara Sauce  Chicken Caesar Salad	<u>BP/BRI/ELC/ESC/FM/NIX</u> <b>New York Pizza</b> <b>V</b> Bosco Sticks (2)  <b>NY Pizza:</b> <b>Cheese</b> <b>Pepperoni</b> <b>Hawaiian</b>	Bosco Sticks (2) Yogurt Parfait Beef Taco Salad
Monday 5-29	Tuesday 5-30	Wednesday 5-31	Thursday 6-1	Friday 6-2
<b>Memorial Day No School</b>	Teriyaki Beef Dippers over Brown Rice  Chicken Corn Dog  Garden Salad with Artisan Roll	Chicken Drumstick with Mashed Potatoes, Roll  Vegetable Egg Rolls with Fried Rice <b>V</b>  Tuna Fish Sandwich	<b>Last Day of School</b>  <b>NY Pizza:</b> <b>Cheese</b> <b>Pepperoni</b> <b>Hawaiian</b>  <b>Last Day Fair 1:30 Dismissal</b>	



We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch. **Vegetarian** items noted with **V**.

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